

SUGGESTED PACKING LIST

CLOTHING

Bring enough of these to last for one-week or two-week sessions:

_ Socks
_ Underwear
_ Pajamas
_ T-shirts
_ Pants/ Shorts
_ Sweatshirt
_ Jacket
_ Hat with sun-protecting brim
_ Bathing suit
_ Shoes that cover and protect the foot
_ Summer sandals
One set of dress clothes (optional)
_ Rain gear
_ Breathable bag in which to store dirty clothing

PERSONAL ITEMS

Items that may come in handy during your session

_ Books in the Village language
 _ Cultural clothing
 _ Water shoes
 _ Hiking boots
 _ Sunglasses
 _ <u>Flashlight</u> with extra batteries
 _ Camera
 _ Stationery, notebook, stamps, writing utensils
_ Backpack

LINENS

I win-sized sheets (I win XL for Korean and Chinese Language Villages
 3 blankets (bunk-bed size) or open sleeping bag
 Pillow and pillowcases
Sleeping bag for those going on overnight excursions

TIPS!

The Villages do not have laundry facilities; therefore, you need enough clothing to last your entire stay. Four-week villagers will have a chance to do laundry once offsite, halfway through session.

Mark your clothing and items with your name.

HYGIENE AND HEALTH

Shampoo/ Conditioner/ Body wash

Toothbrush and toothpaste
Bath towel
Personal toiletries
<u>Disposable/Reusable</u> masks (one-week supply)
Hand sanitizer (<u>key chain</u> , <u>travel size</u>)
Shower sandals
Shower caddy
Lip balm and hand lotion
Sunscreen (at least SPF 30)
Insect repellent (non-aerosol; approx. 30% DEET)
Reusable water bottle

HIGH SCHOOL CREDIT ONLY

 Notebooks (3)
 Folders (3)
 Pens, pencils
 Felt-tipped colored markers
<u>Ruler</u>
10-20 plastic sheet protectors
3-ring binder

MEDICATIONS

You do not need to bring common, over-the-counter medications. See your health form for a list of medications at your Village.

_____ Daily medication to last the entire stay
_____ Medication in original containers

*Medication with labels in other languages should be translated to English before arrival